

OSHA 10-Hour General Industry

The 10-hour training program is primarily intended for entry level workers. Training is intended to cover an overview of the hazards a worker may encounter on a job site and emphasizes hazard identification, avoidance, control and prevention.

- **Mandatory Topics (6 Hours)**
 - Introduction to OSHA
 - Walking and Working Surfaces, Including Fall Protection
 - Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection
 - Electrical
 - Personal Protective Equipment (PPE)
 - Hazard Communication
- **Electives (2 Hours - at least two topics and lasting at least 1/2-hour each)**
 - Hazardous Materials
 - Materials Handling
 - Machine Guarding
 - Introduction to Industrial Hygiene
 - Bloodborne Pathogens
 - Ergonomics
 - Safety and Health Program
 - Fall Protection
- **Optional (2 Hours)**
 - Teach other general industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is 1/2-hour.