

OSHA 30-Hour General Industry

The 30-hour training program is intended to provide workers with some safety responsibility a greater depth and variety of training. Training is intended to cover an overview of the hazards a worker may encounter on a job site and emphasizes hazard identification, avoidance, control and prevention.

- **Mandatory (12 hours)**
 - Introduction to OSHA
 - Managing Safety and Health
 - Walking and Working Surfaces, Including Fall Protection
 - Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection
 - Electrical
 - Personal Protective Equipment (PPE)
 - Hazard Communication
- **Elective (10 Hours - At least five of the following topics and lasting at least 1/2-hour each)**
 - Hazardous Materials (Flammable and Combustible Liquids, Spray Finishing, Compressed Gases, Dipping and Coating Operations)
 - Permit-Required Confined Spaces
 - Lockout / Tagout
 - Machine Guarding
 - Welding, Cutting, and Brazing
 - Introduction to Industrial Hygiene
 - Bloodborne Pathogens
 - Ergonomics
 - Fall Protection
 - Safety and Health Programs
 - Powered Industrial Vehicles
- **Optional (8 Hours)**
 - Teach other general industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour.